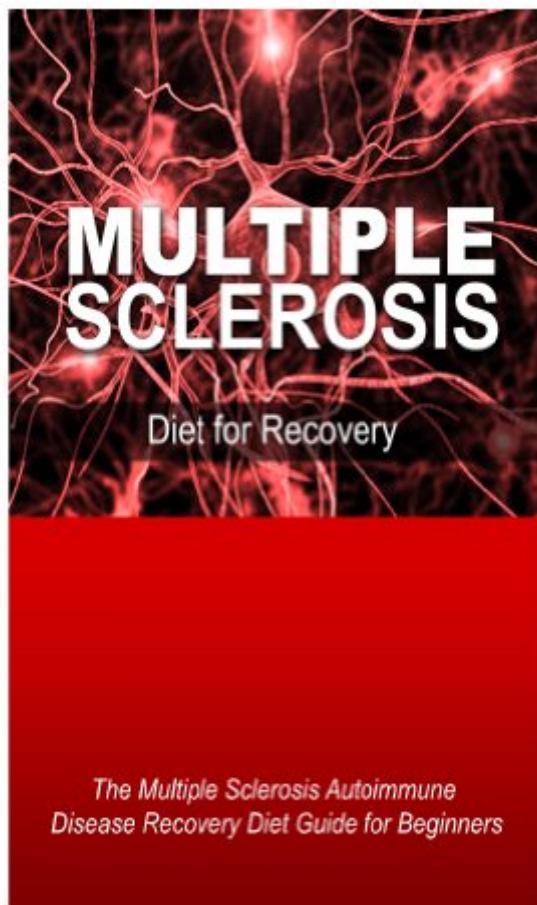The book was found

Multiple Sclerosis – Diet For Recovery: The Multiple Sclerosis Autoimmune Disease Recovery Diet Guide For Beginners

Synopsis

Multiple Sclerosis: Diet for Recovery - The Multiple Sclerosis Autoimmune Disease Recovery Diet Guide for Beginners Multiple Sclerosis is a lifelong challenging disease. You sometimes lose the feeling in your legs, or lose body coordination, sometimes you have hazy or double vision, and sometimes you just collapse to the floor. You donÃ¢â ¬â„¢t really feel anything at all even at the point when youÃ¢â ¬â„¢re already going down. ItÃ¢â ¬â„¢s like the world suddenly stops right then and there. ItÃ¢â ¬â„¢s like you just begin to feel like floating and thereÃ¢â ¬â„¢s nothing there beneath you...Discover the cause of this autoimmune disease and the dietary solution for recovery in this guide. Grab your copy today.

Book Information

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Customer Reviews

If you want to know the basics of multiple sclerosis then this book covers them well. It is a great summary of the basics of the disease as well as diets for recovery. The meals suggested in the book are very tasty and easy to prepare. If you need to learn to live successfully with MS, this is the book that will give you hope based on scientific research.

good info to deal with your diet choices.

I got this purely out of boredom. I'm no medical student but I like fancy words and I figured it would be something I could read while waiting. It was a good read with a lot of information that I didn't have to research too much to understand.

This book helped me to understand the Multiple sclerosis. I got this book for informative reading because i heard my friends discussing about the multiple sclerosis and i did not know what they were talking about. This book gave it all plus some helpful tips and diet plansI recommend that book for anyone who suffer from it or has anyone he want to help

Just started reading this will follow up at later date to give better opinion of book. I do so hope it helps me with my multiple sclerosis.

This book is a good summary of some of the diets people use to address MS. It has some good recipes. Definitely not an authoritative source but worth the low price.

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